



Vía Esperanza Centro de Educación

Classes & Programs

Fall 2018



EDUCATION

English as a Second Language (ESL)

Non-credit English course taught by *Santa Rosa Junior College* (SRJC) staff. SRJC registration required, please visit the Southwest Santa Rosa Center, 950 S. Wright Road, Santa Rosa, CA 95407 or call (707) 527-4229.

Days: Mondays & Wednesdays
Hours: 9:00 AM - 12:00 PM
Child Care: Yes, children 3-4 years old
Classes Begin: August 20

English Conversation Class

A structured approach to practicing English language skills for beginner to intermediate level students led by a retired teacher.

Days: Tuesdays & Thursdays
Hours: 9:30 AM - 11:00 AM
Child Care: Yes, children 3-4 years old
Classes Begin: September 4

GED/HiSET Preparation Class

A class to prepare students to take the GED/HiSET test in Spanish led by *Santa Rosa Junior College* staff. Registration with SRJC required.

Days: Fridays
Hours: 9:00 AM - 1:00 PM
Child Care: Yes, children 3-4 years old
Classes Begin: August 24

Citizenship Class

An 18-week citizenship test preparation course provided by *Catholic Charities*.

Days: Wednesdays
Hours: 5:30 PM - 9:00 PM
Child Care: No
Classes Begin: TBA

Your Money, Your Goals Financial Workshops

A 6-session financial literacy program based on the *Your Money, Your Goals* curriculum from the *Consumer Finance Protection Bureau* and provided by *Catholic Charities*.

Days: Tuesdays
Hours: 6:00 PM - 8:00 PM
Child Care: Yes, but limited
Classes Begin: October 23

PARENTING & CHILD DEVELOPMENT

Positive Parenting Program (Triple P)

A parenting and family support system designed to prevent as well as treat behavioral and emotional problems in children. Triple P aims to prevent problems in the home, school, and community before they arise and to create family environments that encourage children to realize their potential. Conducted in a group setting, but individual sessions may available with appointment.

Days & Hours: By appointment only
Child Care: Varies
Classes Begin: One-on-one sessions only

AVANCE

An evidence-based program for families with children 0-3 years old. The components of the program include parent education, toy making class, child development, home visits, and support.

Days: Tuesdays, Thursdays & Fridays
Hours: 9:00 AM - 12:00 PM
Child Care: Yes, from AVANCE staff
Classes Begin: September 4

Pasitos Play Groups

A weekly play group for parents and their children ages 3 to 4 that are not attending preschool. Parents participate with their children, doing activities that will get them ready for preschool and kindergarten success.

Days: Wednesdays, Thursdays & Fridays
Hours: 9:00 AM - 12:30 PM
Classes Begin: September 4

HEALTH & WELLNESS

Nuestros Parques

Join us for a 2-3 mile hike at various parks in the *Sonoma County Regional Parks* system to learn about nature, the health benefits of hiking, and how to explore our surroundings. This bilingual hike is FREE and intended for the entire family as we will explore various topics while getting in a bit of exercise. Parking charges apply.

There will be a potluck lunch after our hike, so please bring your own bottle water, a dish to share, plates, and utensils.

Days: September 1, October 6, November 3
Hours: 10:00 AM - 1:00 PM
Location: Various Sonoma County Regional Parks

Caminata por la Naturaleza

Join us for a 1.4-mile nature hike along Sonoma Creek every third Saturday. A bilingual docent will teach you about plants, animals, and aquatic creek life. The hike starts at the visitors' center. The hike is FREE, but parking charges apply.

Days: August 18, September 15, October 20
Hours: 10:00 AM - 11:30 AM
Location: Sugarloaf Ridge State Park
2605 Adobe Canyon Road, Kenwood, CA 95452

SUPPORT GROUPS

Counseling Groups

Regular weekly counseling sessions geared towards the Spanish-speaking, Latino community. Provided by *Humanidad Therapy and Education Services*.

Days: Thursdays
Hours: 6:00 PM - 7:30 PM
Child Care: Yes, but limited
Classes Begin: TBD

Grupo Luna

A support group for parents with children with autism. Provided by *MATRIX Parent Support Network*.

Days: Second Wednesdays of the Month
Hours: 9:30 AM - 11:30 AM
Child Care: No, but children are allowed in classroom
Classes Begin: September 12

HOW TO ENROLL

All classes and programs at Vía Esperanza are FREE. Child care for a limited number of children is provided at no cost for most classes and activities.

For more information and to enroll, please visit our office in person Monday through Friday from 9:00 AM - 3:00 PM or give us a call at (707) 480-9374 or (707) 481-1781.

ABOUT US

Vía Esperanza Centro de Educación

on the Lawrence Cook Middle School campus

2480 Sebastopol Road, Room 42

Santa Rosa, CA 95407

Hours:

Open Monday through Friday

9:00 AM — 3:00 PM

Contact Us:

Programming & Child Care

Magdalena Mendoza

(707) 480-9374

Partnership & Sponsorship

Michael P. Varela

(707) 481-1781